

## **Diagnosis of Parkinson Disease**

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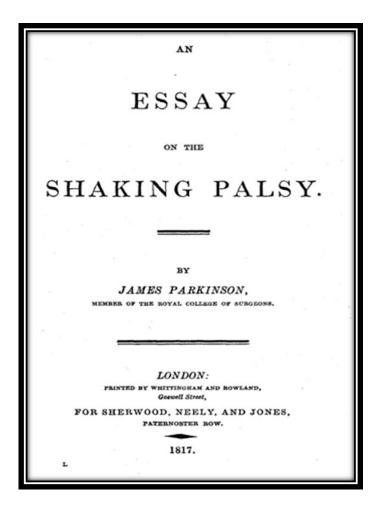
The Ohio State University Wexner Medical Center



### **Parkinson Disease**

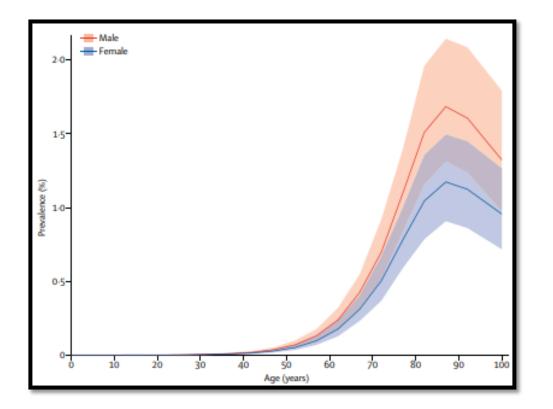


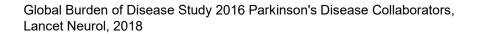
James Parkinson (1755-1824)

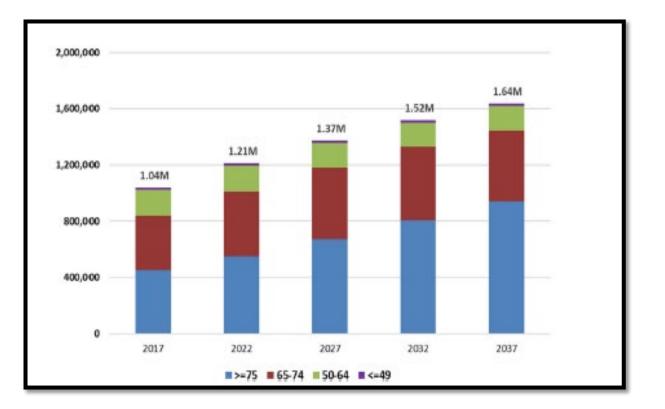




## **Parkinson Disease**







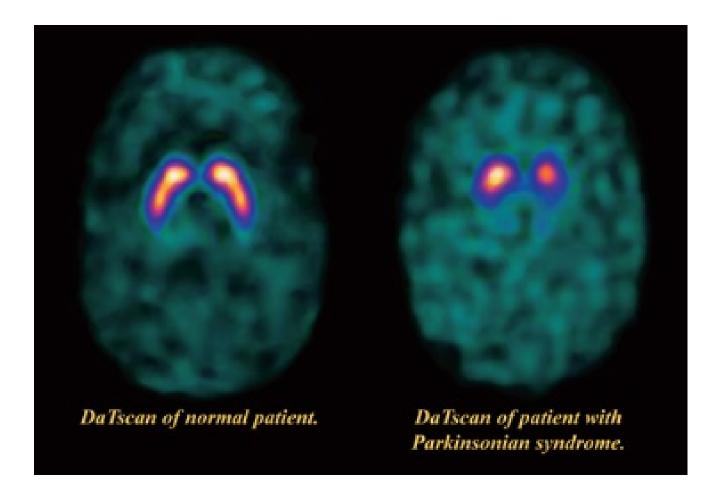
Yang W et al. Nature Partner Journals Parkinsons Dis. 2020



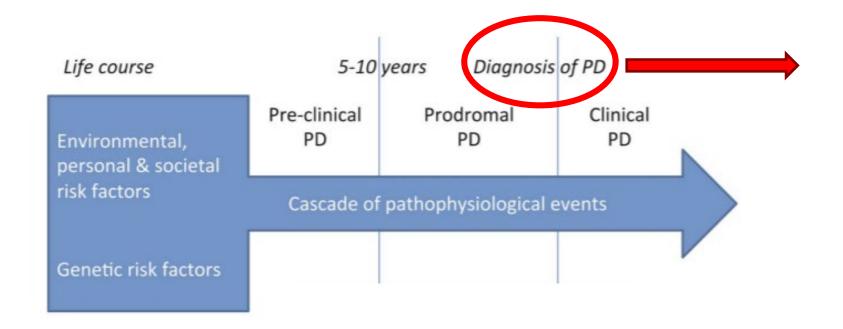
Parkinson disease is a clinical diagnosis



### DaTscan







Noyce AJ et al J Neurol Neurosurg Psychiatry 2016

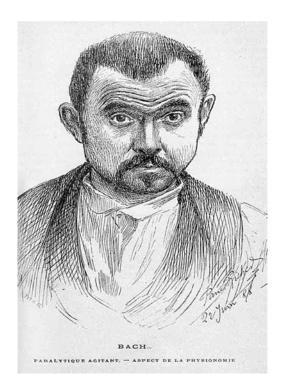


# **Symptoms**

- Slowness of movement (bradykinesia)
- Stiffness (rigidity)
- Resting tremor
- Walking/balance problems



### **Slowness of movement**



Early may be confined to distal muscles

- Later have difficulty rising from chair and generalized slowing of voluntary movements
- Facial, vocal and cognitive manifestations



# **Resting tremor**

- Presents at rest and usually abates when affected limb performs a motor tasks
- Unilateral, 4-6 Hz, distal part of extremity
- Can occur intermittently and vary in intensity





# Rigidity

- Increased resistance to passive movement of limb segment
- Unclear to what degree contributes to motor impairment



# **Balance and gait problems**

- Postural instability
- Pull test
- Freezing of gait
  - Start hesitation



