

Pregnancy and Childbirth Education

April 2024 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington** — **1800 Zollinger Road, Room 1400**.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit **perinatal-osu.nbsstore.net**.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee
April 6	9:30 a.m5 p.m.	\$80
April 27	9:30 a.m5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
April 8	6-9 p.m.	\$40
April 29	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
April 13	9:30 a.m5 p.m.	\$80



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Baby Basics — 8 participants per class

Class Date	Time	Fee
April 17	6-9 p.m.	\$40
April 23	6-9 p.m.	\$40
April 28	1:30-4:30 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
April 3	6-8:30 p.m.	\$40

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
April 4	6-8 p.m.	\$40
April 14	Noon-2 p.m.	\$40
April 25	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
April 18	6-8 p.m.	\$20