

Pregnancy and Childbirth Education

May 2024 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington** — **1800 Zollinger Road, Room 1400**.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit **perinatal-osu.nbsstore.net**.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee
May 11	9:30 a.m5 p.m.	\$80
May 25	9:30 a.m5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
May 13	6-9 p.m.	\$40
May 20	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
May 5	9:30 a.m5 p.m.	\$80



Pregnancy and Childbirth Education

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Baby Basics — 8 participants per class

Class Date	Time	Fee	
May 18	9 a.mNoon	\$40	
May 28	6-9 p.m.	\$40	

Breastfeeding Basics — 8 participants per class

Class Date	Time	ree
Mav 15	6-8:30 p.m.	\$40

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
May 1	6-8 p.m.	\$40
May 2	Noon-2 p.m.	\$40
May 18	1-3 p.m.	\$40
May 22	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee	
May 16	6-8 p.m.	\$20	