

Global Diabetes Information and Statistics

Diabetes is a serious medical condition for the individual and society. As the disease increases in prevalence locally, nationally and internationally, it continues to be a concern for health care providers, public health departments, families and those affected by the disease.

Ohio

According to the Ohio Department of Health, diabetes is the fifth leading cause of death in Ohio, affecting more than 685,000 Ohioans. Ohio's percentage of the population affected by diabetes, 8.1 percent, is higher than the national average at 7 percent. Those Ohioans affected include:

- 338,000 men (8.4 percent of Ohio men)
- 345,000 women (7.8 percent of Ohio women)
- 96,800 African Americans (11 percent of African Americans in Ohio)
- 13,800 Hispanic/Latino Americans (10.1 percent of Hispanic/Latino Americans in Ohio)
- 565,000 Caucasian Americans (7.8 percent of Caucasian Americans in Ohio)

Statistics from the Centers for Disease Control and Prevention (CDC) indicate that the percentage of Ohioans affected by diabetes has steadily increased during the past decade.

United States

The CDC reports that diabetes affects an estimated 21 million people in the U.S., and more than six million of these people are unaware they have the disease. According to the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) and the American Diabetes Association, those affected include:

- 9.3 million U.S. women (8.7 percent of all women)
- 8.7 million U.S. men (8.7 percent of all men)
- 206,000 people under age 20
- 8.6 million adults over age 60
- 2.7 million African Americans (11.4 percent of all African Americans)
- 2 million Hispanic/Latino Americans (8.2 percent of all Hispanic/Latino Americans)
- 12.5 million Caucasian Americans (8.2 percent of all Caucasian Americans)

Diabetes is the sixth leading cause of death and the fifth leading cause of death from disease. Diabetes costs the U.S. \$92 billion annually in direct medical costs and another \$40 billion annually in indirect costs, such as loss of work, disability and loss of life.

International

The International Diabetes Federation estimates that there are 246 million adults with diabetes. The Western Pacific region and Europe have the highest number of people with diabetes, approximately 67 and 53 million, respectively. The highest prevalence rates are found in North America (9.2 percent) and Europe (8.4 percent).

The five countries with the largest numbers of people with diabetes are India, China, the United States, Russia and Germany. The five countries with the highest prevalence rates are Nauru, United Arab Emirates, Saudi Arabia, Bahrain and Kuwait.

The number of people with diabetes is expected to increase alarmingly in the coming decades, rising to 380 million people in 2025. Developed countries have higher prevalence rates than developing countries, but the latter will be hit the hardest by the diabetes epidemic. Increased urbanization, westernization and economic development in developing countries have already contributed to a substantial rise in diabetes.