

Welcome to Our Center

We appreciate that you selected Ohio State for your Sleep Medicine Provider

Office Hours: Monday-Friday, 8 a.m.-12 p.m. and 1 p.m.-4:30pm

Phone (614) 257-2500 Fax (614) 257-2551

Today is your consultation with a sleep specialist. A sleep specialist will evaluate you and the need for further testing. You will be shown the Sleep Disorder Center and scheduled for additional testing if necessary.

Appointments

If your physician orders sleep procedures for you, this is the location your tests will be performed. If more than one test is scheduled, plan on attending both nights. Please call 3 days before to confirm your appointments. We will schedule sleep studies and follow-up appointments today when you check out. It is **extremely important** that you arrive for all of your sleep studies. It is important that if you need to cancel, you give **48 hours notice**. You will need to report to West Registration before **all** appointments with your sleep physician 15-20 minutes prior to your appointment. You will need to report to West Registration at 7:15 p.m. for evening sleep studies and at 6:45 a.m. for day studies.

PLEASE NOTE: If you do not call to cancel your sleep study and you do not arrive for your appointment, ALL of your following dates will be canceled.

Cancellation List

We do keep a cancellation list that is used frequently. If you would like to be on the list, provide a daytime phone number when you check out today. Please be aware that we usually call on very short notice. We cannot hold a spot, but you can call back to check on the availability if a message is left for you.

Prescriptions

Policy: Please allow 7-10 days for your physician to sign your prescription. Do not let your prescription run out before you call for a refill. Allow extra time when you use prescription mail services.

Change of Information

Please inform us of any changes in your name, address, phone numbers, or insurance information as soon as they occur.

Durable Medical Equipment (DME)

If you test positive for obstructive sleep apnea, your sleep physician will write a prescription for CPAP equipment. We will forward the information needed to a Home Health/DME Company. You will be contacted directly by them to arrange an appointment time for set up. If you currently use a Home Health/DME company, please let the front desk know so we can use them for your CPAP equipment.

Overnight Procedures

When preparing to spend the night for your sleep testing, please remember that this is a medical outpatient procedure. You will be asked to turn off your cell phone, pager and television at lights out (between 10-11 p.m.) The physicians and staff realize that being away from home and the equipment used in testing might keep you from sleeping as usual. All we expect from you is to just relax and let yourself sleep as much as possible. We usually obtain more than enough information from our technology even if you do not sleep as much as or more "than usual." Please read your information packet provided. If you forget your toothpaste/toothbrush, comb, shampoo, soap, etc., please ask and we can provide these basics. When the procedure is over, usually between 5-6 a.m., you will have the opportunity to shower and prepare for your day if you would like.

At Ohio State University Medical Center, we're committed to creating the future of medicine to improve people's lives. That's why all Ohio State Medical Center locations, inside and outside, are tobacco-free.